

Weekly Lesson Plan

Week of: December 20, 2021

Age Group: 3 – 18 yrs

Monday	Virtual Field Trip
Enjoy the Christmas Fantasy Parade in Disneyland: https://www.youtube.com/watch?v=7whduj7n870 <i>Supplies & Resources needed: computer/laptop/tablet and internet</i>	
Tuesday	Brain Games
Put your brains to work by solving this Christmas decorating word search! Worksheet attached. <i>Supplies & Resources needed: worksheet, pencil/pen, a partner to play with</i>	
Wednesday	Let's Get Cooking
Have fun making these 3 easy Christmas Cookies that the kids can make themselves https://www.youtube.com/watch?v=f1IMvHvHNkk <i>Supplies & Resources needed: Ingredients as listed in the video and adult supervision</i>	
Thursday	What about me? Helping Children Cope
Howard B. Wigglebottom Learns It's OK to Back Away; A Story About Managing Anger https://www.youtube.com/watch?v=QxSKKtUdAjU&t=38s <i>Supplies & Resources needed: computer/laptop/tablet and internet</i>	
Friday	Full STEAM ahead!
Try this science experiment and make fake snow! https://www.youtube.com/watch?v=W8QA6BQ8HY8 <i>Supplies & Resources needed: baking soda, conditioner, large bowl and parental supervision</i>	
Saturday	The Great Outdoors
Create homemade bird feeders this Christmas! Step-by-Step Guide attached <i>Supplies & Resources needed: worksheet and parental supervision</i>	

**After completing the weekly activities, please complete the online form at www.future-promise.org/afterschoolplus*

***For any questions, concerns and help on these activities please reach out to us at support@future-promise.org or visit www.future-promise.org/afterschoolplus*

Have fun, stay safe MERRY CHRISTMAS and have a wonderful week!



Name: _____ Date: _____

DIRECTIONS:
Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.

CHRISTMAS DECORATING

Word Search

- ADVENT CALENDAR
- ANGEL
- BALLS
- CANDLE
- CHRISTMAS TREE
- FAKE SNOW
- FIGURINES
- GARLAND
- HOLIDAY LINENS
- LIGHTS
- MINI TREE
- MISTLETOE
- NATIVITY SCENE
- NUTCRACKER
- ORNAMENT
- PINECONE
- POINSETTIA
- RED BOW
- REINDEER
- SNOWFLAKE
- STAR
- STOCKINGS
- TINSEL
- TREE SKIRT
- TREE STAND
- WREATH

N	A	T	I	V	I	T	Y	S	C	E	N	E	Z	Y	I	X	P	C	N	
C	H	N	E	U	L	E	B	D	Q	I	L	R	V	V	E	N	U	A	E	B
Z	C	F	E	K	A	L	F	W	O	N	S	C	N	H	Q	O	N	V	O	G
P	V	M	R	F	E	O	W	V	U	Y	L	T	S	T	C	D	L	U	T	D
Y	A	I	T	T	E	S	N	I	O	P	W	L	N	A	L	A	M	R	E	T
S	D	X	I	M	G	U	F	P	G	I	O	E	O	E	Y	W	E	J	L	R
E	R	X	N	M	R	A	T	M	V	N	B	S	W	R	M	E	Q	B	T	E
N	G	F	I	F	V	C	R	L	Z	E	D	N	Q	W	S	A	Q	M	S	E
I	L	K	M	Y	I	O	E	L	S	C	E	I	X	T	H	H	N	Z	I	S
R	E	E	D	N	I	E	R	T	A	O	R	T	A	O	W	Y	J	R	M	K
U	A	C	S	M	J	Z	O	G	V	N	W	N	L	A	C	J	G	R	O	I
G	O	P	N	K	B	C	Z	Z	V	E	D	I	Z	H	R	X	A	M	O	R
I	Q	O	G	H	K	F	G	N	U	K	D	U	W	M	M	T	X	R	D	T
F	Y	X	B	I	L	H	J	X	H	A	F	M	S	Z	S	B	G	I	B	W
G	N	L	N	S	Y	E	A	A	Y	X	I	A	P	T	P	X	X	Z	C	N
X	V	G	I	B	Z	H	G	L	K	P	R	E	K	C	A	R	C	T	U	N
T	S	M	A	G	F	N	I	N	R	N	E	C	R	E	T	R	Q	I	Z	O
P	T	L	Y	L	H	N	B	P	A	L	J	D	B	L	S	E	S	Z	P	U
J	L	Z	I	R	E	T	R	A	D	N	E	L	A	C	T	N	E	V	D	A
S	Q	G	M	N	E	C	S	B	J	G	E	F	E	M	V	B	O	W	V	Z
L	W	F	S	C	H	R	I	S	T	M	A	S	T	R	E	E	V	W	C	N



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Three Christmas Cookies Recipes

1. OREO ORNAMENTS

Ingredients: Oreos - 1 cup white chocolate chips - 2 tsp coconut oil - Rolos - Decorations

Directions:

- a. a. Melt chocolate and coconut oil in microwave (for about 1.5 minutes, stirring every 30 seconds).
- b. Dip Oreos in chocolate and decorate!

2. HOT COCOA COOKIES

Ingredients: 1 package refrigerated sugar cookie dough - 2 tbsp flour - 1/3 cup unsweetened cocoa powder - 12-18 marshmallows, cut in half- 1/2 cup semi-sweet chocolate chips- 2 tsp coconut oil- sprinkles or other edible decorations.

Directions:

- c. Mix cookie dough with flour and cocoa. You can do by hand or with a mixer.
- d. Take about a teaspoon of dough, roll into a ball and flatten slightly. Place on parchment-lined baking sheet.
- e. Bake at 350 for about 6-8 minutes.
- f. Place 1/2 marshmallow on top of each cookie and put back into oven for 2-3 minutes until the marshmallows are golden brown.
- g. Melt chocolate chips and coconut oil into microwave for 30 seconds at a time, stirring after each interval. Continue until melted (usually about 1.5 minutes)
- h. Drizzle chocolate over cookie and decorate. Enjoy!

3. PEPPERMINT OREOS

Ingredients for Cookie: 1 cup sugar - 9 tbsp butter, softened- 1 eggs - 1 1/4 cups flour - 2/3 cup cocoa powder - 1 tsp baking soda - 1/2 tsp baking powder- pinch salt.

Ingredients for Filling: 1/2 cup butter, softened - 2 cups powdered sugar - 1/2- 1 tsp peppermint extract - crushed candy canes

Directions:

- a. Cream butter and sugar.
- b. Add egg and cream. Then add flour and cocoa powder and mix, slowly at first.
- c. Add baking powder, baking soda and salt and mix.
- d. Roll dough by teaspoon full into a ball, roll in sugar, and flatten onto parchment-lined baking sheet.
- e. Bake at 375 for 6-8 minutes.
- f. While your cookies bake, make your filling. Cream butter and then add your powdered sugar, a little at a time.
- g. Add peppermint extract and candy canes.
- h. Once cookies are cool, add filling and some extra candy canes. Munch away!

Detailed video on: <https://www.youtube.com/watch?v=f1IMvHvHNkk>

Homemade Bird Feeders

During the winter months, our birds love when we set out food. One thing you can do is to make our own birdfeeder!

1. Find and collect pinecones on your adventures.



2. Put peanut butter on them, and then dip them into birdseed.



3. You can then hang them on your trees, bushes, or even your fence!



4. You can do the same with toilet rolls – take your empty toilet roll, put peanut butter on the outside, and roll in the birdseed.
5. You can even hang these on your Outdoor Christmas Tree.